

## Treatment Facilities in and around British Columbia

### Prepared for Conifer

#### AADAC Business and Industry Clinic

- Treatment: Alcohol, gambling, tobacco and other drugs
- Years in Operation: since 1994
- Model: Abstinence - The clinic's treatment goal is abstinence from alcohol and other drugs. The 12-step recovery process treats alcoholism and chemical dependency as a disease. Clients learn the concept of a higher power while experiencing positive reinforcement from community self-help groups such as Alcoholics Anonymous and Narcotics Anonymous. These groups can provide vital support to lifelong recovery.
- Intake: Continuous
- Programs offered: The clinic offers two residential treatment programs: a 30-day Alcohol and Drug Program with a five-month follow-up program, and a 49-day Cocaine Program with a seven-month follow-up program.
- Length of Stay: previous
- Detox: On-site
- Philosophy: To assist businesses in achieving healthy and productive workplaces by providing services to address addictions problems. Both programs use proven therapeutic methods to give clients a foundation on which to base their recovery. Through education and counselling, a range of subjects and themes are addressed to help clients change irrational beliefs and unhealthy behaviour. The clinic's professional staff respect people and understand that a range of factors contributes to addiction. During treatment, counsellors help clients to identify specific areas essential to their ongoing health and recovery.
- Other Concerns:
- Cost: \$175/day; \$5,250/28 day program
- Contact info: [http://www.aadac.com/86\\_254.asp](http://www.aadac.com/86_254.asp) - Grande Prairie, Tel: 1.866.332.2322

#### Aurora Treatment Centre

- Treatment: Addiction treatment services for women 19 years and older
- Model: Bio-psycho-social-spiritual
- Intake:
- Programs Offered: Intensive support and counselling to women requiring the emotional and physical safety and structure of a residential facility.
- Program Length: Six weeks in length
- Philosophy:
- Detox:
- Other Concerns: Tobacco-free-facility, 4 weeks prior abstinence

- Cost: \$2,730/6 week treatment program
- Contact Info: [www.bcwomens.ca/services/HealthServices/AuroraCentre/default.htm](http://www.bcwomens.ca/services/HealthServices/AuroraCentre/default.htm) Vancouver, Tel: 604.875.2032

### The Cedars

- Treatment: men and women with addiction disorders, separate residences for men and women.
- Model: Abstinence: Twelve step facilitation therapy is supported by on campus self help meetings. A comprehensive medical, psychological, emotional and spiritual assessment process.
- Intake: Continuous
- Programs offered:
- Length of Stay: A length of stay that is determined by measured progress toward client and staff driven goals
- Philosophy: Individualized plans to ensure each client is matched to the right treatment. Treatment may include separate treatment streams for clients with co-occurring disorders in order to effectively treat both illnesses.
- Detox: On-Site
- Other Concerns:
- Cost: Individual Basis
- Contact Info: [www.cedarsatcobblehill.com](http://www.cedarsatcobblehill.com) Cobble Hill, Vancouver Island, Tel: 1-866-716-2006

### Crossroads Treatment Centre

- Treatment: men and women with addiction disorders, separate residences for men and women.
- Years in Operation: Since 1975
- Model: Harm-Reduction, Abstinence, Wellness Wheel - Holistic, wellness model treatment program, addressing all the bio-psycho-social complexities of addictions for both men and women
- Intake: Continuous
- Programs offered:
- Length of Stay: 4 weeks
- Philosophy: The mission of Crossroads is to facilitate healthy lifestyles by decreasing addictions and their negative impact on the individual, family and community.
- Detox: On-site
- Resources: Counsellor, Nurse, Drug Specialist, Art, Fitness
- Other Concerns:
- Cost: \$40/day (if subsidized); \$120-\$160/day (private bed), Option 1: \$1120 (partial funding), Option 2: \$3360 (Male, unfunded), Other Costs: \$3920 Female, unfunded, shared, \$4480 Female, unfunded, private
- Contact Info: [www.xrdstc.net/index.asp](http://www.xrdstc.net/index.asp), Kelowna, Tel: 250.860.4001

### Edgewood

- Treatment: Addictions treatment, education, training and support to individuals, families and workplace
- Model: Abstinence - Using a 12 Step framework, our treatment programs are individualized and paced at a level each individual responds to best.
- Intake: Continuous
- Programs offered: separate program for family members (INSITE)
- Length of Stay: stay is determined solely by the individual's progress
- Philosophy: We treat addiction as a disease that affects everyone in the family
- Detox: On-site
- Other Concerns:
- Cost: \$300/day, \$500 Admission Fee, \$1500 for INSITE
- Contact Info: [www.edgewood.bc.ca](http://www.edgewood.bc.ca) – Nanaimo BC, Tel: 250.751.0111

### **Harbor Light Treatment Centre**

- Treatment: men 19 years and older with a substance addiction. Methodone treatment.
- Model: Abstinence – 12 Step
- Intake:
- Programs offered: Phase 1 is a 90-day residential treatment program. Phase 2 is a six-week, full-time, re-entry living skills program for men who have completed Phase 1.
- Length of Stay: minimum of 18 weeks
- Philosophy:
- Detox: on-site
- Other Concerns:
- Cost: \$600/month
- Contact Info: <http://www2.vpl.vancouver.bc.ca/DBs/RedBook/orgPgs/2/2739.html> Vancouver, Tel: 604.646.6800

### **Kakawis Family Centre**

- Treatment: men, women and children (K-12) and toddlers up to 5 years of age - All family members of First Nations Ancestry and those persons who may be connected to a First Nations person through marriage/common law may attend.
- Model:
- Intake:
- Programs offered: Kakawis offers a program that provides a balanced lifestyle and a renewed sense of cultural identity and pride to First Nations Families whose lives have been affected by alcohol and/or drugs.
- Length of Stay: 42 days
- Philosophy:
- Detox: not available, must not need
- Other Concerns: minimum of 3 weeks abstinence from any substance
- Cost: Funded by First Nations Inuit Health Branch and Vancouver Island Health Authority

- Contact Info: <http://kakawis.org> Tofino, Tel: 250.725.3951

### **Kinghaven Treatment Centre**

- Treatment: Residential treatment for men, 19 years and over, whom are chemically dependent or have a concurrent disorder.
- Model: Harm-reduction, client centered perspective.
- Intake:
- Programs offered:
- Length of Stay: 70 days/10weeks
- Philosophy:
- Detox: not-available
- Other Concerns: Abstinent for 5 days prior to admission
- Cost: \$40/day; \$2800/program
- Contact Info: [www.kinghaven.ca](http://www.kinghaven.ca) Abbotsford, Tel: 604.864.0039

### **Last Door Recovery Centre**

- Treatment: men who are experiencing problematic substance use.
- Model: continuum of care include physical care, balanced diet, rest, recreation, group treatment, peer support, one to one counseling, 12-step program involvement, positive socialization, spiritual support and such education as required.
- Intake:
- Programs offered:
- Length of Stay: Long-term
- Philosophy:
- Detox: Detoxification prior to intake is preferred, but not necessary.
- Other Concerns:
- Cost: Program is fully funded for clients that are eligible for income assistance. Special contracts are available for clients that do not meet the criteria.
- Contact Info: [www.lastdoor.org](http://www.lastdoor.org) New Westminster, Tel: 604.520.3587

### **Maple Ridge Treatment Centre**

- Treatment: men suffering from substance abuse and dependencies
- Model: Evidence-based treatment program. While we are '12-step friendly', we adhere to principles and practices founded on research. Wellness Model of treatment. The Wellness Model is a holistic approach that involves the exploration of multiple facets of a person's need to create a more balanced life experience.
- Intake:
- Programs offered: The following highlights some of the many topics that may be addressed in your treatment: chemical dependency / the addiction cycle; feelings, assertiveness and self-esteem; family dynamics and creating healthy relationships; anger, grief and loss; sexuality and

sexual abuse; healing and spirituality; relapse prevention; stress management; drug education; freedom of choice and personal responsibility.

- Length of Stay: 35 day
- Philosophy:
- Detox:
- Other Concerns:
- Cost: Per Basis
- Contact Info: [www.mrtc.bc.ca](http://www.mrtc.bc.ca) , Tel: 604.467.3471

**Miracle Valley Rehabilitation Centre - Cordula and Gunter Paetzold Rehabilitation Centre**  
**- Valley of Miracles**

- Treatment: male substance misusers, 19 years and over
- Model: Abstinence - Individual and group therapy, addiction education, relapse prevention and spiritual and 12-Step Programs
- Intake: Interview
- Programs offered:
- Length of Stay: 3-month open-ended treatment cycle
- Philosophy:
- Detox:
- Other Concerns: Does not accept men on methadone maintenance.
- Cost:
- Contact Info: <http://www2.vpl.vancouver.bc.ca/DBs/RedBook/orgPgs/2/2745.html> Mission, Tel: 604.826.6681

**Nechako Treatment Centre**

- Treatment: men and women seeking help with their alcohol/drug dependency issues.
- Model:
- Intake: every 30 days
- Programs offered:
- Length of Stay: 30 day program
- Philosophy:
- Detox:
- Other Concerns:
- Cost:
- Contact Info: Prince George, Tel: 250.565.2387

**Nenqayni Wellness Centre**

- Treatment: Holistic healing to First Nations and Inuit youth, families and communities.
- Model:
- Intake:

- Programs offered: Family Alcohol and Drug Program – 6 weeks, Youth and Family Inhalant Program – 6 months
- Length of Stay: previous
- Philosophy:
- Detox:
- Other Concerns:
- Cost: Funded by First Nations Inuit Health Branch
- Contact Info: [www.nenqayni.com](http://www.nenqayni.com) Williams Lake, Tel: 250.989.0301

### **Northwind Healing Centre**

- Treatment: Inpatient/residential program for both men and women. Comprehensive treatment for alcohol, drug, sex additions, prescription medication abuse, compulsive gambling and cross addiction and process addictions (eg. Internet, food, etc.)
- Model: Bio-Psycho-Social Module
- Intake:
- Programs offered:
- Length of Stay: 45 day
- Philosophy: Appropriate therapeutic intervention for people struggling with diagnosed and undiagnosed mental health problems and addictions. Cultural reclamation, traditional pre-contact values, ceremony and spirituality
- Detox:
- Other Concerns:
- Cost:
- Contact Info: [www.firstnationstreatment.org/northwind.htm](http://www.firstnationstreatment.org/northwind.htm) Dawson Creek, Tel: 250.843.6977

### **Pacifica Treatment Centre**

- Treatment: men, women and family members
- Model: Continuum of Care, Educational workshops, gender specific group therapy, 12-Step self help program, increased awareness of addictions
- Intake:
- Programs offered: 4-week comprehensive program through educational workshops, gender specific group therapy, 12-step self-help program introduction and complementary therapies
- Length of Stay: case-by-case basis
- Philosophy:
- Detox:
- Other Concerns:
- Cost: per-case basis
- Contact Info: [www.pacificatreatment.ca](http://www.pacificatreatment.ca) Abbotsford, Tel: 604.872.5517

### **Peardonville House**

- Treatment: chemically dependent women, 19 years and older

- Model: Holistic, bio-psycho-social and 12-Step approaches
- Intake:
- Programs offered:
- Length of Stay:
- Philosophy:
- Detox:
- Other Concerns: Children can accompany parent if under school age, there is a fully licensed child care facility on site
- Cost:
- Contact Info: <http://www2.vpl.vancouver.bc.ca/DBs/RedBook/orgPgs/2/2762.html> Abbotsford, Tel: 604.856.3966

### **The Orchard**

- Treatment: Cycle of addiction – themed program for both men and women
- Model: Assessment, medical evaluation, peer and group therapy, foundation to 12-Steps Program, lifeskills, spiritual development, relapse prevention
- Intake:
- Programs offered: rehabilitation for drug addiction, alcoholism, Heroin, Opiates, Cocaine, Crack, Crystal-Meth, Prescription Drugs
- Length of Stay: 42 day program; 6 weekends of family programs
- Philosophy: All of the staff at our addiction treatment center hold the core belief that "addiction is a spiritual malady" and recovery is a process that heals mind, body, and spirit. With that in mind, treatment is provided through medical, psychological, spiritual and holistic healing to treat the whole person.
- Detox: On-Site, mild to moderate
- Other Concerns:
- Cost: \$17,700/42 day program; \$12,700/28 day condensed program
- Contact Info: [www.orchardrecovery.com](http://www.orchardrecovery.com) Vancouver, Tel: 1.866.233.2299; 604.947.0420

### **Recovery by the Sea**

- Treatment: Day Treatment Program is for people who have decided their life is falling/fallen apart
- Model: Abstinence: Introduction to the 12-Step model of recovery
- Intake:
- Programs offered:
- Length of Stay:
- Philosophy:
- Detox:
- Other Concerns:
- Cost:

- Contact Info: [www.recoverybythesea.ca](http://www.recoverybythesea.ca) several locations within the Lower Mainland, Tel: 604.469.9995

### **Round Lake Treatment Centre**

- Treatment:
- Model: holistic healing and First Nations culture
- Intake: Scheduled
- Programs offered:
- Length of Stay: 5-6 weeks
- Philosophy:
- Detox: not available
- Other Concerns:
- Cost: There is no charge for Status Indians and recognized Inuit who are residents of Canada. All others are charged \$40/day
- Contact Info: [www.roundlake.bc.ca](http://www.roundlake.bc.ca) Vernon, Tel: 250.546.3077

### **Surfside Recovery House**

- Treatment: We offer a forty-two day (six week) recovery program for substance dependent, adult males
- Years in Operation: Since 1985
- Model:
- Intake: Continuous
- Programs offered:
- Length of Stay: 6 weeks
- Philosophy: We believe that every individual is, or can learn to be, responsible for their own life and their own decisions.
- Detox: Prior to admission, minimum of 3-5 days
- Other Concerns:
- Cost: \$2,940.00
- Contact Info: [www.surfsiderecoveryhouse.com](http://www.surfsiderecoveryhouse.com), Nanaimo, Te: 250.758.5611

### **Wilp Si'Satxn Treatment Centre**

- Treatment: men and women
- Model: holistic healing to all First Nations people with addictions and related issues in a First Nations (Gitksan) culturally sensitive setting
- Intake: Schedule
- Programs offered:
- Length of Stay:
- Philosophy:
- Detox:
- Other Concerns:

- Cost: Funded through First Nations and Inuit Health Branch
- Contact Info: <http://wilpchc.ca> , Tel: 250.849.5211